



APRIL

'20

A quarterly newsletter of the Employees' Retirement Fund of the City of Dallas for retired City members.

CONNECTION

CONGRATULATIONS TO SOME OF OUR RECENT RETIREES

STAYING ACTIVE & ENGAGED AT HOME

PAGE 2

PAGE 2



Tips and Resources to help you stay fit, entertained and connected

RECENTLY DECEASED MEMBERS

PAGE 3

EXPLORE MUSEUMS & NATIONAL PARKS

PAGE 4



Museums, zoos, aquariums and national parks offering virtual tours and web cam access to exhibits

Please Protect Yourself; ERF will Protect Your Pension

From the desk of ERF's Executive Director, Cheryl Alston



First, we want to assure you that your pension is safe, and monthly payments will continue as scheduled.

Dallas ERF has a long-term investment horizon. We understand the market changes constantly and our investment policy was developed with that in mind by diversifying our portfolio.

The Dallas ERF office closed on Monday, March 23, 2020 and will remain closed through April 30, 2020 in compliance with Dallas County's Shelter in Place Order. To contact us during this time, you can still call us at

214.580.7700 or email us at retirement_fund@dallaserf.org.

To find more information to assist you during the Shelter in Place Order, please visit ERF's resource page, www.dallaserf.org/resource-page, where you can find fitness & wellness information, updates from CIGNA, special hours from select stores for seniors, how to experience the box office from home and much more.

During these uncertain times, we will continue to do everything we can to ensure your pension is the last thing you need to worry about.

For information and updates, follow us on Facebook @DallasERF.

2019 TAX DEADLINE EXTENDED

Due to the Coronavirus, the deadline for *filing* your 2019 federal tax return has been extended from April 15, 2020 to July 15, 2020.

You may still file a six-month extension on your federal tax return but the IRS is urging those who are expecting refunds to go ahead and file their returns so they can begin processing those returns.

You can access your 1099-R from your myERF account by going to ERF's website, www.dallaserf.

org, and clicking login to sign in or click register if you do not already have an account setup.

This extension does not apply to State tax returns, any extensions will be given by the individual state; for example, California has extended their State filing deadline to June 15, 2020. If you are filing a state income tax return, refer to your state's website for information on deadlines.



Congratulations to Some of our Newest Retirees

Employees who retired May 2019 to August 2019 and agreed to let us share the news, listed by department and years of service

DEPARTMENT SER	VICE	DEPARTMENT	SERVICE	DEPARTMENT	SERVICE
Aviation Sushil Mathew Holvin Rivera	10 10	Office of Cultural Afformation Samuel L. Livingston Office of Public Affairs Doris J. Bridges	airs 28 26	Sanitation Services, Adam D. Richard Leonard F. Phyllips, Jr. Danny W. Gaither	11 11 7
Code Compliance Services Constance R. Reese Cassandra L. Edwards Eugenia E. Bables Court & Detention Services Kimberly L. Millage	26 13 12	Park & Recreation Janice M. Garrett Marcia G. Olech Jose R. Martinez David A. Baublitz	27 21 15 13	Sustainable Develop & Construction David L. Greene Robert E. Preddy Water Utilities	34 18
Equipment & Building Services Gary L. Liles Felipe S. Alfaro Christopher J. Wright Housing/Community Services	23 22 7	Police Margarita Monjaras Pamela A. Long Audrey F. McBride Public Works	25 23 6	Sammy R. Burge Rickey W. White Neil R. Quam Sandra R. Wright Thomas P. Alvarado Stacy J. Salinas	42 37 36 31 29 26
Brenda B. Sparks Judiciary Clemmons S. Wilson, Jr.	23 30	& Transportation Rosemary G. Prichard Ronald L. Causey Carol L. Daniels	25 25 24	Albino Acosta John Z. Taylor Cedric D. Tucker Starr E. Franklin	26 26 26 26 22
Library Bryan L. Huckabee Shannon M. Enriquez Evvie J. Yates	22 21 9	Susan R. Clay Michael E. Dabbs Vila M. Brown A.J. Manning	24 19 17 15	Joann N. Richardson James O. Smith Gonzalo J. Jaramillo Leonora O. Rangel Kenneth W. Haggerty	22 21 18 16 11
Management Services Ricardo Galceran	19	Sanitation Services Kelly J. High Harvey S. Hearne Kenneth R. Tasby	25 20 14	Ruben Sanchez Juan M. Villanueva	7 6

TIPS ON HOW TO STAY ACTIVE & ENGAGED AT HOME

BY KATIE SHAW, EMPLOYEES' RETIREMENT FUND

With so many Americans staying in amid the Coronavirus, many organizations and small businesses have gone online to help us all stay engaged and connected with one another.

We also need to stay connected with loved ones, family and friends while sheltering in place. There are many apps to use to stay in touch like FaceTime and Skype but there are also lesser known apps to try as well like Marco Polo and Zoom which provide a fun way to stay in touch.

Below are several resources you can use for fitness, wellness, staying connected with friends and family and entertainment and culture to explore at home.

ENTERTAINMENT

With movie theaters closed, movies will be released in streaming apps on the same day as their scheduled theatrical releases. Movies will be available to you for a 48 hour rental period for a suggested \$19.99 fee. Hulu is offering an \$18.99 monthly bundle that includes Hulu & Disney+ ad free.

The Metropolitan Opera has complimentary daily performances available at 6:30p. Visit metopera.org/user-information/nightly-met-opera-streams or through the Met Opera on demand app for Apple, Amazon, Roku and Samsung smart TV.

You can also enjoy 100s of Broadway shows at home for \$7.99 per month at www. broadwayhd.com, they are offering a 7-day free trial to try before you buy.

STAY CONNECTED

We all need to continue to maintain our relationships with friends and family through this difficult time. You can use Facetime and Skype to continue game nights and book clubs online.





Tips to Stay Active & Engaged at Home, cont.

The Zoom app can be used to keep children connected with their classmates and friends with online play dates and meetups while out of school. Marco Polo is another fun, lighthearted way to stay in touch - take your text streams and voicemails into the app for more face to face interaction with friends and family.

FITNESS

The YMCA is offering online classes for all ages including low-impact, yoga, weightlifting and youth classes, visit www.ymca360.org to browse the classes available to stream from home. Planet fitness is also offering a variety of free online classes on their YouTube channel, www.youtube.com/planetfitness

Several fitness apps have opened up all classes for use through July 1st, the DownDog app provides yoga, HIIT & barre classes free through July 1st for students and teachers, 19 Minute Yoga is offering free live streamed yoga classes on their YouTube channel, Peleton is offering and extended free 90 day trial - in app Peleton exercise do not require any Peleton equipment, and many local and smaller fitness studios are live streaming classes on their Facebook accounts.



WELLNESS

With the libraries closed, use the Libby app to access hundreds of books for free, digital and audio books available. Apple Books is also offering a free stay at home collection of free read-alongs for kids, cozy mysteries and audiobooks.

There are also mindfulness and meditation apps available for free to reduce anxiety and improve sleep. Headspace has created a weathering the storm collection and the Calm app has a free resources page offering free collections during the Coronavirus.

OUR SINCERE SYMPATHY

TO THE FAMILIES OF OUR DECEASED MEMBERS FROM MAY 2019 AUGUST 2019

DEPARTMENT	AGE	DEPARTMENT	AGE	DEPARTMENT	AGE
Aviation M.M. Geisinger	65	<i>Library</i> Barbara E. Mason	96	Sanitation Services, cont. Valentina Miranda	57
Budget Management Services Terry M. Ryan	62	Rhunell F. Yost Dorothy D. Lewis-Broxson Freddie M. Porter	92 83 70	Charles E. Smith Hector Medina	57 52
City Attorney's Office Betty L. Rochelle	81	Information Services Julian E. Strucely	93	Streets Richard D. McGill Charles A. Ziebolz	84 65
City Auditor's Office Dominick J. Corea	94	Management Services Glenda G. Gamrod	67	Sedrick Warner Terry M. Kelley Gerald Padilla	65 64 57
Code Compliance Services Norman R. Heunermund, Jr.	61	Brian A. Cunningham Office of Cultural Affairs	51	Street, Sanitation & Code Enforcement	37
Communication & Information Services		William E. Wilson Park & Recreation	76	Anselmo M. Garcia	73
Robert L. Osborn	80	Ronald A. Ayers Johnny H. Horton	87 76	Street & Sanitation Services Richard D. McGill	84
Court & Detention Services Cysenthia W. Wilson	62	David Ritchie	36	Trinity Watershed Management Maurice Henderson, Sr.	74
Environmental & Health Servic Mildred M. Mathews Rebecca Solis Belinda J. Rogers	es 91 77 68	Police Hazel J. Smith Raymond Davidson, Jr. Vickey L. Beasley James R. Pierce	92 84 60 57	Water Utilities Ruth M. Cornell Carlton St. Fort Montez Pierce	93 93 91
Equipment & Building Services Shella L. Scott Narveline Barnett Peggy J. Dennis	89 89 71	Joe L. Fletcher Public Works & Transportation Roger C. Adams David E. Hanvey, Jr.	56 56 52	David P. Hernandez Larncell Williams Robert E. Prunty Edwin B. Perry Manuel R. Arredondo	90 90 88 88 88
McDonald Templeton Michael D. Davis	69 38	Sanitation Services	60	Charles W. Case Kenneth M. Witherspoon	82 79
Equipment, Communication & Information Services Sylvan G. Webb	89	Johnny R. Mathis Hakim I. Kalimah Joal T. Warren Leonard R. Charles	69 68 64 63	Gerald G. Cotton Linda J. Evans Daniel J. Christian	78 78 71
Fire Lucille B. Flatt Billy Chambers	96 74	Steven L. Vickers Jack O. Moore <i>Judiciary</i>	62 61	Richard B. Carter Paul M. Strunk Douglas E. Davison	71 70 63
Ronnie L. Crosby	68	Frieda J. Fiske	73		

68

Timoteo F. Gonzalez

EXPLORING MUSEUMS AROUND THE WORLD & YOUR NATIONAL PARKS

Museums across the world have opened their doors virtually and are offering virtual tours including the Metropolitan Museum of Art in New York, the National Museum of Natural History, the British Museum and the Louvre.

MUSEUMS, ZOOS & AQUARIUMS

Search #MuseumFromHome on Instagram to see live videos of museums around the world or visit Google Arts & Culture to explore over 500 Museums & Galleries Worldwide.

The platform allows users to browse through museum collections or use Google Street View to wander the halls of museums as though you are walking through them in person. Museums included on the site include The Metropolitan Museum of Art, New York City's Museum of Modern Art, the Van Gogh Museum, The Louvre and The National Gallery in London... You can even experience the famous spiral ramp inside the Guggenheim Museum.

Below are other museums, zoos and aquariums offering virtual tours and live streams:

- National Museum of Natural History virtual tours online, naturalhistory.si.edu/visit/virtual-tour
- San Diego Zoo, Monterey Bay & Georgia Aquariums live cams of animals from beluga whales to penguins, sea otters and koalas
- Vatican Museums All of the Vatican museums are available to view online at museivaticani.va, the Sistine Chapel is especially breathtaking
- At britishmuseum.withgoogle.com you can view the Museum of the World featuring historic art pieces and cultural items from 2,000,000 BC to present day



NATIONAL PARKS & MONUMENTS

If hiking and camping are more your speed, you can explore Yosemite National Park like never before at virtualyosemite.org, the Statue of Liberty, Denali National Park & Reserve and Devil's Tower National Monument are a few of the other parks you can explore.

There are dozens of other national parks and national monuments you can visit from the comfort of your home by searching the national park's website, www.nps.gov, and use the find a park tool on the main page. Many parks also have webcams running including Glacier National Park.

CHERYL D. ALSTON

EXECUTIVE DIRECTOR

HENRY TALAVERA

MEMBERS
JOHN D. JENKINS
LEE KLEINMAN
THOR RICHARDSON
THOR RICHARDSON
THOR RICHARDSON

CHAIR VACANT **VICE-CHAIR** HENRY TALAVER

BOARD OF TRUSTEES

WWW.DALLASERF.ORG

1920 MCKINNEY AVE, 10TH FLOOR DALLAS, TX 75201 TELEPHONE: 214.580.7700 FAX: 214.580.3515

EMPLOYEES' RETIREMENT FUND



